

Dear Teacher:

Enclosed are 4 simple worksheets designed to be used each day of the **Change for Water Challenge**. Please feel free to adapt them to your grade level.

The World Health Organization data indicates that \$5 can give a child water for life. As a class, set a goal for how many children's lives you want to affect. For example, if every student brought in \$5 in coins and you had 25 students in your class, you would be able to save the lives of 25 children. BUT, if each child also got just one sponsor at \$5/month for 12 months, your class could affect the lives of 325 children. This is a powerful lesson in giving and collaborating. Collectively, your school would bring life-saving water to thousands of children.

The goal of each worksheet is to keep the students focused on their goal, to learn what it means to have EMPATHY for others, and then to do something about it, which includes bringing in spare change every day to help create clean water wells for a community in Africa.

Ideally, the class divides into groups so students can read through each worksheet together and briefly discuss what they see in the photos of African children their age. This activity may take anywhere from 10-20 minutes each day.

As the children are observant and consider what it is like to walk in someone else's shoes, we hope they will also feel differently about those around them who may look or act differently than they do. Consider printing the color Empathy Poster in 8.5x11, 11x14 or 16x20 format to hang in your classroom. The poster can be found at www.WHOlives.org/learning.

Other powerful activities that can be done during the week include:

1. Have all your students work together at the end of the week to write a class **Creed of Kindness**. This could be artistically designed and written on a posterboard and placed somewhere in the classroom as a reminder of what they have learned and committed to practice daily.
2. With supervision, have the students count the coins that are brought to your class every few days. A money worksheet is available at: www.WHOlives.org/learning. Remember that \$5 gives a child water for life.
3. Other worksheets include: a detailed science lesson on aquifers and a fun art project where students assemble their own drill. These worksheets can be downloaded from www.WHOlives.org/learning.

Thank you for your support of the WHOlives. Please feel free to contact our executive director with questions or comments at: Sonja@WHOlives.org.

CHANGE FOR WATER CHALLENGE

• DAY 1 •

Good Morning Students!

Thank you for remembering to bring your pennies and nickels today. If you forgot, just bring them tomorrow with your dimes! It's easy for people to donate on their phones too!

Remember, we are working together to make sure every child in Africa has clean water to drink!

Did you know that at an orphanage in Africa, the children only get a drink of water for lunch? They pass around a cup and each child knows they may only take a sip. They know there is not enough clean water for everyone.

Look carefully at the picture below. Discuss the following questions and answer them. There are no wrong answers!

1. Describe what you see in the photo, including how it looks different than lunchtime at your school.

2. Why do you think the children are not sitting on the plastic chairs?

3. What could the bicycle inner tube on the ground be used for?

The children in the photo below are eating mashed cassava, a starchy, inexpensive root vegetable that is a good source of nutrients. Because it is very stiff, it is used like a spoon to scoop up the greens (similar to spinach) served with the meal.



CHANGE FOR WATER CHALLENGE

• DAY 2 •

Hello Friends!

Thank you for remembering to bring your dimes today. If you forgot, just bring them tomorrow with your quarters! We are working hard to make sure children in Africa have clean water to drink!

Did you know that girls in Africa often walk 3-4 miles every day to fetch water? It is one of their family chores. Fetching water can take all day, so many girls aren't able to attend school! (see picture below).

Let's help more girls go to school. Every \$5 we raise will give a child just like you water for life.

Look carefully at the picture below. Discuss the following questions and answer them. There are no wrong answers!

1. Describe what you see in the photo, including what the girls are wearing.

2. How far do you think you could walk with a bucket of water on your head?

- ☐ around the school building once
- ☐ all the way to my home
- ☐ at least 4 miles

3. How long do you think it would take you to walk 4 miles with a bucket of water on your head?



CHANGE FOR WATER CHALLENGE

• DAY 3 •

Thank you for remembering to bring your quarters today. We're on our way to reach our goal!

Did you know that 6,000 children die every day from the diseases that are found in dirty water? It seems hard for us to believe that anyone would think of filling their container with dirty water, but sometimes there is no choice. Our bodies must have water to survive!

The coins you bring will make a difference, **because every \$5 we raise will give a child just like the girl you see below water for life.**

Look carefully at the picture below. Discuss the following questions and answer them. There are no wrong answers!

1. The water level is very low in the photo below and it is easy to see what has been thrown in the canal. What do YOU see?

2. Why do you think people would throw garbage into the same place where they go to get water?

2. How does this photo make you feel about littering in the community where you live?



CHANGE FOR WATER CHALLENGE

• DAY 4 •

Hello Friends! Thank you for bringing your change in this week. We have been working hard to help children just like you in Africa to get clean water.

Did you know that one well can provide up to 1,000 people clean water? When a community has water from a clean well, girls can go to school, because they don't have to spend time walking to fetch water.

Families can raise more crops with clean water and their animals, like chickens and goats are healthier. There is less sickness from malaria, a disease that is spread by mosquitoes.

Look carefully at the picture below. Discuss the following questions and answer them. There are no wrong answers!

1. Look around your classroom and list the things that are similar and things that are different from the photo below.

Things that are the same: _____

Things that are different: _____

2. Why do think the girls in the front row are smiling?

